

ACW-7624

BOOK  
OF  
TROPICAL RECIPES



TAMPA BAY HOTEL--The Finest Hotel in the World.

DO NOT CAST ME AWAY FOR I AM A MESSENGER TO THE SICK.

Read me and hang me up for Future Reference.

PUBLISHED BY

S. B. LEONARDI & CO.,

Wholesale and Retail Druggists,

TAMPA,

FLORIDA.



Below we give a list and prices of Leonardi & Co.'s family medicines:

**Leonardi's Blood Elixir**—Is a true blood purifier. Praised by physicians and used by them. Pleasant taste. Cures all impurities of the blood. Splendid Liver and Kidney tonic. Price, ..... \$1 00

**Leonardi's Liver Pills**—Do not gripe nor sicken. Safe and reliable. Cures biliousness every time. Price, ..... 25

**Leonardi's Tasteless Chill Cure and Iron Tonic**—New cure. No bad taste. Knocks the chills and builds up the system at the same time. Price, ..... 50

**Leonardi's Golden Eye Lotion**—Cures sore and inflamed eyes in 12 to 24 hours, without pain. Price, ..... 25

**Leonardi's Ointment**—Infallible cure for Tetter, Ringworm, Ground Itch, Itching Piles and Eczema or Salt Rheum. Price, ..... 75

**Leonardi's Worm Syrup**—The children's friend. So palatable the children like it. Price, ..... 25

**Leonardi's Lightning Cough Cure**—Will cure any cough or case of Bronchitis or Consumption, if taken in time. Price, ..... 25

**We are State Agents for Dr. Reno's New Life**—New preparation for the relief of women. It is well named for it has already given a new lease of life to scores of suffering women. It is a sure specific for all diseases of the womb, and disorder of the menstrual functions. Price, 1 00

Call on or address,

**S. B. LEONARDI & CO.,**

*Wholesale and Retail Druggists,*

Cor. Franklin and Twigg Streets,

**TAMPA, FLORIDA.**





## THE OBJECT OF OUR BOOK.



The object of this little pamphlet is to bring to the notice of our friends and patrons a number of valuable cooking recipes, and, at the same time, to call their attention to the great value and success of Leonardi's medicinal preparations. They have already had a large sale and are constantly growing in public favor. The accompanying testimonials are only a few of the great number we have on hand that have been given us by some of our best citizens.

## OUR POLICY.



It is not our policy to mislead the public in any way regarding the curative powers of our medicines. In advertising, we shall state the facts honestly and candidly, and allow the public to judge for themselves. Our sales have increased so rapidly and our success has been so wonderful in so many obdurate and apparently incurable cases, that we feel justly proud of our success, and confidently ask a fair and impartial trial of our preparations.

We trust that our cooking recipes may be of service to those ladies who appreciate good cooking, and we assure them that when any of their families are ill Leonardi's medicines will always be found a safe and reliable friend.

S. B. LEONARDI & CO.



*Leonardi's Blood Elixir* is not a haphazard remedy gotten up to deceive the public, but is a scientific preparation manufactured according to a fixed and thoroughly tested formula and composed of the most recent and approved remedies for the Blood, Liver and Kidneys. We have submitted the formula to some of the ablest physicians in America, and it has invariably been given their full approval. It is now prescribed by a great many physicians of this State. We guarantee *Leonardi's Blood Elixir* to cure all curable diseases of the Blood, if the medicine is taken faithfully and according to directions.

*Leonardi's Blood Elixir* is especially adapted to all chronic ailments due to an impure and impoverished condition of the blood. It is a specific in Scrofula, or King's Evil, all Scrofulous affections, Eruptive and Cutaneous diseases, Boils, Tumors, Ulcers and Sores, Malarial Debility, Rheumatism, Pain in Bones, Syphilitic and Mercurial Diseases, Kidney and Liver Complaint and Catarrh. There is scarcely an individual who has not inherited either disease or tendencies toward disease. The demands and conditions of civilized society are such that vast numbers sooner or later become sick. The blood, the true current of life, changes gradually from a pure to an impure state, the system becomes weakened and disease makes its appearance. In the series of changes the first and most potent is the corruption of the blood. If the blood be kept pure and free from humors, the danger of disease is not only removed from the individual but he is sure to enjoy perfect health. No matter what the inherited taint or how unsanitary the surroundings, *Leonardi's Blood Elixir* expels all humors from the blood. It acts upon the whole system and enables the different organs to perform their functions as nature intended they should; it stimulates the nerves and strengthens the heart and lungs; it causes the Kidneys to excrete more of the poisonous waste from the blood and regulates the bowels. In fact, *Leonardi's Blood Elixir* changes the body from a feeble and diseased state to a normal and healthy one.

*Catarrh* is a blood disease and seldom attacks healthy people, but confines

its attacks to those who are in bad physical condition or who lead unhealthy modes of life. Catarrh first appears as an inflammation of the mucuous membrane of the nasal passages. If neglected it will extend to the throat, lungs and stomach and will result in loss of voice, Dyspepsia, Bronchitis and even Consumption. Catarrh may be cured by taking *Leonardi's Blood Elixir* regularly and avoiding with great care the taking of fresh cold. This Elixir will regulate the Kidneys and Liver and will assist them to eliminate all traces of the catarrhal poison if faithfully persisted in.

Jacksonville, Fla., March 23, 1894.  
Messrs. S. B. Leonardi & Co.,  
Tampa, Fla.

Dear Sirs:—Four bottles of *Leonardi's Blood Elixir* cured me of Scrofula of one year's standing. I cannot say enough for your Elixir; it is the best Blood medicine in the world.

CHAS. H. WILLIAMS.

**Blood Poison.—Syphilis.**—Whether hereditary or resulting from other causes make wretched the existence of its victims, corrupts the fountain of life and is most difficult to cure. More than all the other afflictions to which flesh is heir, there are none which produce so much anxiety and physical torment as Blood Poison. Its approach is very deceiving and may exist a long time in the system without marked symptoms. Like Scrofula it attacks the same structures, producing hard Tumors, Ulcers, Abscesses and decaying of the Bones. Like Scrofula, Blood Poisoning is absolutely and permanently cured by *Leonardi's Blood Elixir*.

Metcalfe, Ga. June 11, 1894.  
S. B. Leonardi & Co.,  
Tampa, Fla.

Dear Sirs:—I had Rheumatism for one year, and during that time tried all the different Patent Medicines recommended, also, a number of the best physicians without receiving any benefit, was advised to take *Leonardi's Blood Elixir*, and am more than pleased to state that two bottles of your medicine has cured me. I commend *Leonardi's Blood Elixir* to all as the best Blood and Rheumatism medicine made.

Gratefully yours,

J. A. CRENSHAW.

**General Debility.**—From any cause whatever can be cured by taking *Leonardi's Blood Elixir*. It purifies, vitalizes and enriches the blood and gives tone to



**Omelet.**—Beat six eggs very light, (whites and yolks separately), add to the yolks a small cup of milk, pepper, salt and the whites of the eggs. Have ready a hot frying pan, put in a good lump of butter; when it hisses pour in the omelet and set over a clear fire. Do not stir, but as it "sets" slip a broad bladed knife under it to prevent burning. Stick knife under here and there. When done lay a hot meat dish on the pan and upset the omelet on the dish so as to have the brown side uppermost. Sprinkle the salt on just before turning out on the dish. A small Omelet can be made of four eggs and six tablespoonsful of milk. Ham Omelet is made by adding finely chopped cold, boiled or fried ham to the mixture. Dried beef can also be used. Dr. Reno's New Life is correctly named—it gives new life.

**Poached Eggs.**—The most wholesome palatable and inviting way to cook eggs, seemingly the simplest but really one of the most difficult to do nicely. Fill a frying pan, or other shallow dish, with salted water and when it comes to a boil break the eggs into it. This must be done very carefully to avoid breaking the yolks. When the whites thicken remove from the pan with a skimmer or spoon. Use great care in doing this or the yolks will be broken and instead of a delicious, appetizing dish you will have one that is to the greatest degree untidy and unsuccessful. Dr. Reno's New Life gives health, strength and vigor to women.

**Scrambled Eggs.**—Beat the eggs quite light and put them with butter, salt and pepper in a frying pan. Stir carefully until they thicken. Turn out on dish and serve hot. Dr. Reno's New Life always cures.

**Croquettes.**—Every housekeeper should know how to make Croquettes. These can be made of any bits of good food—a mutton chop, a chicken leg, a little oat meal, mashed potato, etc., etc., mixed together. Croquettes must be made with care, not to have them too dry to be palatable or too moist to cook in shape; they make an addition to any table. Dr. Reno's New Life aids digestion.

**Eggs for Supper.**—Lightly butter a

meat platter, break in as many eggs as required without breaking the yolks, season with salt and a dust of pepper, put over a few pieces of butter here and there, set the dish in a moderate oven to remain until the whites are set. Serve very hot. Dr. Reno's New Life cures all menstrual troubles.

**Chicken Croquettes.**—One pint of minced cooked chicken, one-half pint of milk, two tablespoonsful of flour, three tablespoonsful of butter, three eggs, one saltspoonful of salt, a little pepper, crumbs for breading and lard for frying. Mince meat quite fine and season with salt and pepper. Heat the milk and mix the flour and butter together and stir into the milk the *moment* it comes to a boil; when it is smooth and cream like add the chopped meat and cook three minutes. Beat the three eggs together and pour half over the cooking meat. Take from the fire and stir well, then set away to cool. When cool make into the shape of an egg and roll in bread crumbs. When all are made into shape dip them one at a time into the beaten egg and then roll them into the bread crumbs, they should be soft yet not too soft to remain in shape. Have about two pounds of sweet lard in a kettle; put the croquettes into a frying basket side by side but not touching, dip the basket for two minutes into the boiling lard, (have sufficient lard to cover) and when brown raise the basket, take out the croquettes letting them drain on brown paper for a minute. Serve at once. Any kind of meat can be substituted for the chicken. Leonardi's Liver Pills cure Biliousness.

## FISH.

**Baked Fish.**—Take a fish not opened on the back, carefully clean, removing the eyes and gills; leave the head on; when washed dry thoroughly with a clean towel inside and outside. Take bread crumbs, season with salt, pepper, butter and two raw eggs to make the crumbs stick together; fill the cavity and sew tightly all the way up to the nose, put in baking pan and rub over with butter, now and then baste it with the gravy in pan, but do not turn it over. Bake one hour; not a drop of water must be used. Leonardi's Liver Pills cure constipation.



**Sudden Stoppage**—The flow may be lessened or stopped by exposure to draughts, by cold baths, great emotion, fatigue, and other causes. Fever may follow, with violent pains in the back, hips and lower bowels, headache, nervousness, hysterical convulsions, etc. To relieve these symptoms, some tonic and stimulating emmenagogue is needed at once. Should the flow not be promptly restored, these symptoms may become chronic, and the foundation laid for numberless evils. "Period" after "period" arrives, and little or no show is seen. The patient's general health gives way, her nerves are shattered, and she finds herself the real or imaginary victim of most of the troubles peculiar to her sex. The entire arrest of the flow produces a terrible shock which may result fatally. Hence the necessity of keeping on hand some remedy known to possess the power of regulating this function. Long experience and overwhelming testimony shows the best remedy to be Dr. RENO'S NEW LIFE or Woman's Salvation.

Dear Sirs—Two bottles of Dr. Reno's New Life cured me of a case of Whites of three years' standing. During the three years I paid at least \$300 to physicians for advice and medicine.

MRS. F—B—, Tampa, Fla.

**Excessive Monthly Flow**—From various causes the "periods" may become too frequent, or the flow at regular times be so profuse as to endanger life by exhaustion from loss of blood. Such cases demand prompt intervention. The flow must be controlled or arrested and the function of menstruation restored to its natural standard. No remedy acts so well in these cases as Dr. RENO'S NEW LIFE or Woman's Salvation. Given as directed it will check the excessive flow by its specific properties, properly regulate this important function, and restore the suffering woman to her natural health.

**Insufficient or Scanty Menstruation**—Many cases occur in which there is no irregularity as to time, and no very great amount of suffering is experienced, but the flow is insufficient and unsatisfactory. There is often more or less headache, mental and physical weariness, inability to think, and disinclination to make an exertion. The patient is

perfectly well aware that a healthy and increased flow would instantly relieve these symptoms. The most perfect and certain prescription for this purpose is Dr. RENO'S NEW LIFE or Woman's Salvation.

**Painful Menstruation**—The menstrual flow ought to appear regularly, and so as to cause no pain or disturbance; and this is the case with well developed and healthy women. But every woman who is irregular is liable to painful "periods." The symptoms, generally neuralgic, are most severe just before the flow, or while it is yet scanty, but may continue throughout the entire "period." They vary from a mere feeling of soreness to darting, agonizing pains through the back, hips and lower bowels, with general nervous disturbance. This may occur in any case where the flow has been suddenly lessened or checked, and its prompt restoration will always relieve the pain. In these cases take Dr. RENO'S NEW LIFE or Woman's Salvation.

For years I have suffered agony monthly, and have tried remedy after remedy without obtaining much relief. Dr. Reno's New Life was recommended by a friend as a positive cure for painful menstruation and I tried it. I can now add my testimonial to hers. Dr. Reno's New Life is a positive Cure.

Jacksonville, Fla.

JULIA O. JACKSON.

**Neuralgia**—Many women suffer habitually at these "periods," and look for each approaching one with trembling and dread. They are generally persons of nervous and neuralgic temperament, with impaired and poor general health. A starved or impure state of the blood, with consequent irritability of the nervous system, are apt to develop neuralgia of the womb and neighboring parts, causing the pain so unendurable at these times. The proper treatment is to invigorate and build up the general health and so tone up the uterine nerves as to overcome the tendency to neuralgia.

Thanks to medical science, we have exactly the remedy, and proclaim it far and wide. Its praises come from thousands of happy women who were once pitiable sufferers. They have been relieved and permanently cured by the use of Dr. RENO'S NEW LIFE or Woman's Salvation.



## SOUPS.

"That all-softening overpowering knell,  
The tocsin of the soul—the dinner bell."

Beef is the best meat for the purpose, as it contains the most nourishment. Soups can be made from towl or flesh, vegetables, fresh fish and odds and ends.

In making soup from raw meat, break the bones apart, add them to the meat, which must be cut in small pieces, and cover with *cold* water, allowing a quart of water to every pound of meat and bone; let soak awhile on back of stove, then place on fire and simmer (never boil soup), for five or six hours. Salt (to taste) to quicken scum which must be thoroughly removed. Never let fat remain on soup; let it get cold and the hardened grease can be lifted off. Soup can be made clear by adding when *cold* the white and shell of an egg for each quart of stock. Set all on the stove and when hot simmer for ten minutes, then add a cup of cold water and strain through a fine strainer or napkin. This stock can be kept for several days in a cool place and will be ready for an indefinite variety of soup. Leonardi's Blood Elixir cures all diseases of the blood.

**Herb Bouquet for Soups.**—One ounce of thyme, one ounce summer savory, one ounce sweet marjoram. Leonardi's Blood Elixir cures Rheumatism and Catarrh.

**Clam Soup.**—Twenty-five medium sized clams chopped (take out the hard part), boil one hour in a little water. Just before serving add one pint of milk, one tablespoonful of flour, one beaten egg, one tablespoonful of butter, and pepper to taste. Heat the milk and the minute it boils stir in the flour and butter rubbed to a paste and moisten with the egg. Let it come to a boil. Add part of the juice, or if wished, all may be used. Leonardi's Blood Elixir cures Scrofula.

**Pod Soup.**—Boil two quarts of green pea hulls in four quarts of water (in which beef, mutton or fowl has been boiled), for four hours; or use three quarts of beef stock and one of water.

Add a bunch of herbs (see herb bouquet for soup) and a tablespoonful of butter, if desired, salt and pepper to taste and add a quart of sweet milk. When done rub through a hair sieve, thicken with flour (rubbed smooth in a little cold water) and serve hot. Leonardi's Blood Elixir cures Blood Poison.

**Bean or Pea Soup.**—Cut into dice a slice of ham and fry in a little bacon fat and a slice of onion until brown. Cut up a turnip, a carrot and four stalks of celery—add these to the ham and onion and simmer fifteen minutes, then pour over them three quarts of corn beef water, chicken broth or one and one-half quarts of hot water and one and one-half quarts of beef stock (hot water alone can be used in an emergency), and to all add a pint of split peas which have been soaked one night. Simmer gently until the peas are *very tender* stirring *often* to prevent burning. Salt and pepper to taste and add a scant teaspoonful of brown sugar. Remove soup from fire, and with a wooden spoon rub through a sieve; if not thick enough add a tablespoonful or more of flour mixed smooth in a little cold milk; return soup to fire and simmer half an hour. Chicken broth makes delicious pea or bean soup. In making bean soup the beans must be boiled four hours at least. Leonardi's Blood Elixir tones the system.

**Black Bean Soup.**—One pint of black beans soaked over night. In morning pour off water and add a gallon of cold water with beef bones and slices of fat pork, or half water and half beef stock. Boil slowly four hours, strain, season with salt, pepper, cloves and lemon juice. Put in slices of lemon and sliced hard boiled eggs. Some prefer to omit the lemon. Leonardi's Blood Elixir increases the appetite.

**Bouillon.**—Six pounds of beef and bone. Cut up meat and break the bones; add two quarts of cold water and simmer slowly five hours. Strain through a fine sieve and when cold remove every particle of fat. Season only with pepper and salt. Serve hot in after dinner cups. Leonardi's Blood Elixir regulates the Liver and Kidneys.



the stomach, increases the appetite, regulates the bowels and acts as a stimulant to the Liver and Kidneys.

Ybor City, Fla., May 14, 1894.

Messrs. S. B. Leonardi & Co.,  
Tampa, Fla.

Gents—I have taken Leonardi's Blood Elixir for Rheumatism and do not hesitate to say that it is undoubtedly the best remedy made for that terrible disease.

Very truly yours,

R. L. GREATHOUSE.

**SCROFULA** is a taint or disease of the blood which may be either hereditary or acquired. According to the best authorities it is closely allied to Tuberculosis or Consumption. It usually manifests itself in a swelling and ulceration of the glands of the neck, but may appear in any part of the body in the form of Tumors, Ulcers, Painful Eruptions and other Inflammations. It can only be attacked through the blood and by a powerful and highly concentrated blood purifier. We guarantee Leonardi's Blood Elixir to cure all such cases if properly taken, and for a sufficient length of time.

Jacksonville, Fla., June 15, 1891.

Messrs. S. B. Leonardi & Co.,  
Tampa, Fla.

Dear Sirs:—Your favor of 10th inst. requesting my "honest opinion" of the Leonardi's Blood Elixir you recently gave me for trial is received, and I regret that you have asked me, as I have a natural antipathy for placing my name to any patent medicine testimonial, but your Elixir is so unquestionably superior to any I have ever tried before and had such a salutary effect upon me, that I feel it would be unjust to others needing a reliable blood medicine for me to decline to state the facts above.

Yours truly,

S. P. WATSON.

### **Pimples, Boils and Carbuncles.**

—Eczema, Shingles and other annoying and painful eruptions are due to an impure and impoverished condition of the blood. Leonardi's Blood Elixir, by regulating the different organs of the system and purifying the blood, is a splendid remedy for all these ailments.

Port Tampa, August 15, 1891.

Messrs. S. B. Leonardi & Co.,  
Tampa, Fla.

Gents:—I have been selling Leonardi's Blood Elixir for a year and during that time it has made some wonderful cures. I consider it the best and most powerful alterative and blood purifier made.

**Indigestion or Dyspepsia.**—Is a functional derangement of the stomach and the bowels generally due to the eating of improper food, or food in improper quantities or at improper times. There is loss of appetite, distress or sense of fullness after eating, the tongue is coated, the bowels are either constipated or move too freely, and there is a general derangement of the system. To cure it, change your diet, be regular in all your habits, keep the bowels well regulated with Leonardi's Liver Pills, and take Leonardi's Blood Elixir as a general tonic for the blood and various organs.

Tampa, Fla., August 1, 1891.

Messrs. S. B. Leonardi & Co., City.

Gents:—It is with pleasure I report to you a wonderful cure of rheumatism which your Leonardi's Blood Elixir has made on my workman, George Myers, who had rheumatism for nearly a year and for the last month was confined to his bed. He had used more or less rheumatic medicines without any benefit before I took him in charge. I was advised to give him your valuable Blood Elixir, which I did, and I must confess I was surprised at his remarkable and rapid improvement, commencing a few days after his beginning to take your Elixir. Three bottles have cured him of what I thought was an incurable case of rheumatism. I believe your Blood Elixir is the best blood medicine made. REV. THOS. FISHER.

**Rheumatism.**—Is a blood disease and may be either acute or chronic. In either case there is pain in the joints, more or less fever and general derangement of the system. There is no remedy for it like Leonardi's Blood Elixir. If you have pains in back or joints, try our Elixir, for we guarantee you a cure. It is a sure specific for all cases of chronic or long standing Rheumatism or Gout and kindred affections.

YBOR CITY, August 12, 1891.

Messrs. S. B. Leonardi & Co., Tampa, Fla.

Gents:—I have always been opposed to giving a testimonial for any proprietary medicine, but it gives me pleasure to testify to the sterling merits of Leonardi's Blood Elixir. I have been using it in my practice for over a year and have never found anything to equal it as a blood purifier and builder up of the system. It is certainly a specific for all diseases of the blood.

Yours truly,



**Surprise Pudding.**—Take any bits of cake, place in a glass dish, pour over a cream custard, on top place a meringue; dot with bits of jelly or jam. Meringue is made by beating whites of eggs to a stiff froth. Leonardi's Eye Lotion cures sore eyes without pain.

**Orange Peel.**—Weigh the oranges whole, and allow a pound for every pound of sugar. Peel the oranges and cut in pieces the rind. Boil until tender. Squeeze the strained juice of the oranges and boil it and the sugar one minute. Put in the peel and boil fifteen minutes. Leonardi's Eye Lotion cures in twelve to twenty-four hours.

**Y. W. C. T. U. Pudding.**—Two cupsful bread crumbs, one quart of milk, four eggs (yolks), one tablespoonful of butter, one lemon grated, one cupful sugar, flavor with vanilla and bake about an hour. Take from oven and stir until cool. Put in glass dish, cover with thick meringue made by beating the whites of the four eggs to a stiff froth, sweeten with powdered sugar and flavor with extract of vanilla. Do not put the meringue in the oven. Dot the top with bits of lemon jelly. Leonardi's Eye Lotion is guaranteed to cure.

## PIE.

**Crust.**—One cupful lard, two cupsful flour, ice water to mix soft, a teaspoonful of salt. Work as little as possible; roll, spread with butter, roll again and cover pieplate with this crust. Leonardi's Eye Lotion cures sore and inflamed eyes.

**Lemon Pie.**—Juice of one lemon, one cupful of sugar, one cupful of water, two tablespoonsful of flour, two eggs; bake in one crust, saving the whites of the eggs for icing. If the rind of lemon is not bitter, grate it over top of pie when it comes from the oven. Beat whites of eggs to stiff froth, sweeten, spread on pie and set in oven to brown. Mix flour with a little of the water to prevent lumping, then add the remainder of the water, the lemon juice, sugar and beaten egg. Leonardi's Eye Lotion cures quickly and causes no pain.

**Apple Pie.**—Pare and slice thin tart apples. Line pie dish with crust, sprinkle crust with sugar and ground cinnamon, lay in apples, cover thickly with sugar, add a little more cinnamon, dot with lumps of butter, cover with crust and bake. Leonardi's Eye Lotion cures when all others fail.

**Moonshine.**—Six egg whites, six tablespoonsful of sugar, one cupful jelly. Beat the egg whites, then add the sugar; beat for half an hour and then beat in the jelly and set on ice. Serve in saucers with whipped cream flavored with vanilla. Leonardi's Ointment cures Tetters and Ringworm.

## CAKE.

**Fine Recipe for a Good Cake.**—One cupful of butter, two cupsful sugar, three cupsful flour, four eggs, one cupful milk, three teaspoonsful baking powder. Flavor, extract of vanilla. From the above foundation you may make an endless variety of cake. Remember, hard beating makes a good cake. Always beat butter and sugar to a cream, and sift flour twice. Leonardi's Ointment cures Salt Rheum.

**Pound Cake.**—One pound of flour, one pound of sugar, one pound of butter and ten eggs. Leonardi's Ointment cures Ground Itch.

**Angel Cake.**—Whites of eleven eggs, one and one-half tumblersful sifted granulated sugar, one tumblerful of sifted flour. Flavor with one teaspoonful of extract of lemon or vanilla; one teaspoonful of cream tartar and a little salt. Sift flour four times then add cream tartar and sift again. Have the flour measured before putting in the cream tartar. The sugar must be measured after it has been sifted. Beat eggs to stiff froth, add sugar lightly, flour gently, then the flavor. Do not stop beating until you pour it into the pan. Bake forty minutes in a moderate oven, try with a straw and if too soft bake five minutes longer. Turn pan upside down to cool. When cool take out by loosening with a knife. The tumbler must hold two gills and a quarter. Do not grease the pan. Leonardi's Ointment cures quickly.



## ICES AND DESSERTS.

**Fruit Ices.**—The ordinary fruit ices are made by mixing equal parts of fruit juice and water with plenty of sugar and then freezing them; less lemon juice is required than any other kind. Confectioners sometimes add the beaten whites of two eggs to each quart of fruit ice when it is partly frozen, to increase the quantity, and then finish the freezing. The finer water ices are made of syrup made by boiling sugar until of the consistency of syrup, and fruit juice frozen; the syrup is prepared by boiling together four pounds of sugar, one quart of water and the white of an egg beaten with them, for ten minutes; the syrup is then strained and cooled; for ices, a palatable mixture is made with several fruit juices, and when the ice is half frozen, the white of one egg beaten stiff, is added, and the freezing completed. The greatest of all blood purifiers, Leonardi's Blood Elixir.

**Grandmother's Ice Cream.**—One quart of milk and four eggs, sweeten to taste; put on stove, let come to a boil, cool, flavor and freeze in an ice cream freezer. From two to four eggs can be used.

**Lemon Ice or Orange Ice.**—Rub the rinds of six lemons upon twelve square lumps of sugar; squeeze over them the strained juice, half a pint of water and a pint of syrup made by boiling three-quarters of a pound of sugar in nearly a pint of water; put in an earthen crock for an hour and a half, then mix, strain and freeze. This will be improved by adding when half frozen the whites of three eggs beaten to a stiff froth with six ounces of powdered sugar.

**Orange Souffle.**—Peel and slice eight oranges; put in layers in a glass dish with sugar between and let stand several hours; make a soft, rich custard, and pour over the oranges.; spread over with a rich meringue.

**Pineapple Ice.**—Peel and mash fine one pineapple, one pint of sugar, half a lemon and not quite a pint of water. Strain (after it has stood an hour and a half) through a fine sieve. Put in freezer and freeze.

### *A Quick and Cheap Ice Cream.*

—One can of good condensed milk, one quart of sweet milk, two eggs, three tablespoonsful of sugar or sweeten to taste. Flavor. Mix well. Freeze, and it will be ready in twenty minutes.

**Tutti Frutti.**—One quart rich cream, two ounces sweet almonds chopped fine, one-half pound of sugar, one tea-cup chopped raisins, one tea-cup chopped citron, one-half pound orange preserves; when the cream, almonds and sugar is half frozen add the other ingredients. Mix well with the cream and freeze.

**Coffee Ice Cream.**—Two quarts cream; one pint milk, four eggs, 2 tablespoonsful arrowroot, 2 cups strong liquid coffee, four cups white sugar. Mix the arrowroot in half cup of cold milk, and add to the well beaten eggs. Pour over this mixture a pint of milk heated to boiling. Let cool and add the cream. Put into the freezer. Stir thoroughly. When partly frozen add the coffee. Beat well and freeze. Leonardi's Blood Elixir; sure cure for Scrofula and Catarrh.

**Lemon Ice Cream.**—Two quarts cream, two cups white sugar, juice and rind four lemons. The rind of the lemons should be rubbed in lumps of sugar and put in the cream; beat to a froth and freeze. Leonardi's Lightning Cough Cure cures Coughs and Colds.

## PUDDINGS.

**Poor Man's Pudding.**—Half a coffee cup of rice in a quart pudding dish, a little salt, sweeten to taste, fill dish with sweet milk, grate nutmeg over top, and place in oven; stir twice during the first five minutes. Leonardi's Liver Pills are always effective.

**Boiled Tapioca Pudding.**—Three tablespoonsful of tapioca soaked over night in a teacupful of water. Boil a quart of milk and stir in the tapioca until it thickens. While on the fire stir in the yolks of three eggs, one teacupful of sugar, one teaspoonful of corn starch (wet with a little milk) and one saltspoonful of salt. When cool flavor. Ornament with whites of eggs beaten to a stiff froth. Leonardi's Eye Lotion, the greatest of eye waters.



**Beef Soup.**—Six pounds of meat; the shin is a good piece. Have the bones well cracked, carefully extracting the marrow, which must be put in the soup. Put meat in a pot of water, and cook very slowly six hours. If necessary, replenish with boiling water. At the end of seven hours take pot from stove, and set away carefully covered. The next day take out the meat, which can be made into mince meat. Remove the cake of fat from the stock, set the soup over fire and throw in a little salt to bring up the scum. When this has been carefully skimmed off, put in your vegetables: Two carrots, three turnips, half head of cabbage, quart tomatoes and one head of celery. Boil soup slowly and add carrot cut in dice. Season with salt and pepper. Use parsley, barley or rice if desired. The tomatoes may be left out. Leonardi's Blood Elixir, the Superior Blood Purifier.

**Macaroni or Vermicelli Soup.**—Four pounds veal; four quarts cold water; quarter pound macaroni or vermicelli; half-pint cream. Break bones and cut meat in pieces, add cold water and simmer until meat falls apart; break the macaroni into two inch lengths and throw it into boiling salted water; cook until tender, remove from fire and let it stand in cold water until soup is ready. Strain the soup, add a small piece of butter, season to taste and add macaroni. Leonardi's Blood Elixir increases the appetite.

**Chicken Soup.**—Cut up a chicken, put it in two quarts of cold water with a teaspoonful of salt and a little piece of red pepper; when half done add two tablespoonsful of well washed rice. When thoroughly cooked remove the chicken from the soup, tear a part of the breast into shreds (leaving the balance of the fowl for salad) and add it to the soup with half a teacupful of cream. Leonardi's Blood Elixir makes the sick well.

**Clam Chowder.**—Three quarts cold water, half a pound of fat salt pork, boil some time, then take out the pork; add to the water a dozen potatoes and two large onions chopped fine, half a can of strained tomatoes and pepper to taste.

Boil until onions and potatoes are done; then add twenty-five chopped clams saving juice, boil an hour or longer then add the juice, parsley and rolled crackers. Fifty clams is an improvement. In making chowder, as in all soups, it is best to make a large quantity as soup improves by warming over. The greatest of all Blood Purifiers, Leonardi's Blood Elixir.

**Tomato Bisque.**—A quart can full of tomatoes, the same can full of water; let it boil twenty minutes, then stir in half a teaspoonful of salaratus, and after it has settled down add half a can of sweet milk. Season highly with butter, pepper and salt and let it come to a boil. Stir in rolled soda crackers and serve hot. The great Rheumatism remedy, Leonardi's Blood Elixir.

## POULTRY AND GAME.

**Roast Turkey.**—After drawing the turkey rinse in several waters and in next to the last mix a tablespoonful of soda. The inside of a fowl, especially if purchased in market, is sometimes sour and imparts an unpleasant odor to the stuffing. Fill the bird with the soda water, shake well, empty and rinse with fresh water, then take two tablespoonsful of fine salt in a little water and swab over turkey. Prepare a stuffing of nice stale white bread sliced and buttered, sprinkle over with pepper and summer savory and a very little sage, chop fine a small onion and three slices of pork fried to a nice brown, mix all together, moisten with a little sweet cream and stuff the body of the turkey, push it up so the crop will be filled, then tie a string about the neck to prevent the escape of the stuffing, also sew up the body; this and the neck string must be removed when the fowl is dished. Bake moderately several hours until it is a nice, rich brown, baste often.

**TURKEY GRAVY.**—See recipe for Gravy for Roast Poultry and Game. For oyster force meat, omit onions and herbs, using only the oyster mixed with bread crumbs. If the bird is an old one put it in a big boiler with something laid under to rest it on, pour



**Leonardi's Liver Pills**—Cure Dyspepsia, Constipation, Sick Headache, Stomach, Liver and Bowel troubles. They are easy to take and may be administered to children. Do not gripe nor sicken. Will cure biliousness every time. Their action is mild, continuous and thorough. When taking Leonard's Blood Elixir, Leonard's Tasteless Chill Cure and Iron Tonic, or Leonard's Lightning Cough Cure, if there is any tendency towards constipation use Leonard's Liver Pills. They are especially recommended for the reason that they not only have a better effect upon the system, but they are also better adapted to work in harmony with the above preparations than any other.

Dover, Fla., May 10, 1894.

Messrs. S. B. Leonard & Co., Tampa, Fla.:

Gents—I have sold Leonard's Liver Pills for about one year and it gives me pleasure to state they give the best satisfaction of any Liver Pills which I sell. I recommend them to every one.

Very truly yours,

E. A. REGISTER.

**Leonardi's Liver Pills**—For Indigestion and Heartburn take Leonard's Liver Pills. For Neuralgia and Sick Headache take Leonard's Liver Pills. For Colic and Cramps take Leonard's Liver Pills. For Jaundice and Liver Complaint take Leonard's Liver Pills. To assist in purifying the blood in the Spring and Autumn take a few doses of Leonard's Liver Pills.

Thonotassassa, Fla., May 29, 1894.

S. B. Leonard & Co., Tampa, Fla.:

Gents—I have used Leonard's Liver Pills in my family for over one year and consider them the best family pill made.

Very truly yours,

JAS. B. HARRIS.

**Leonardi's Liver Pills**—As a household medicine cannot be too highly recommended. Taken in the Autumn and Spring when climatic changes are liable to cause irregularity of intestinal action, causing an accumulation of humors in the system, they cleanse and rejuvenate the assimilative and excretory functions and restore the body to that condition of health so much desired. The absolute freedom of Leonard's Liver Pills from any dangerous or disagreeable effects make them the best family pill in the world.

**Leonardi's Tasteless Chill Cure and Iron Tonic**—Cures malaria whether it is intermittent or remittent. Cures Bilious Fever, Dengue or Breakbone Fever, and materially shortens Typhoid Fever. It is an ideal preparation for it has no bad taste like other chill cures, and, while it is eliminating the malaria from the system, it acts as a tonic and builds up the patient at the same time, so that it is not necessary to take a course of tonics afterwards. If there is a tendency to constipation take Leonard's Liver Pills in conjunction with the Chill Cure.

Tampa, Fla., July 18, 1894.

Messrs. S. B. Leonard & Co., Tampa, Fla.:

Gentlemen—I had a terrible case of Chills and Fever and half a bottle of Leonard's Tasteless Chill Cure and Iron Tonic cured me. It is undoubtedly the best Chill Cure made.

Yours truly,

(Signed) ROBERT W. WALKER.

**Leonardi's Tasteless Chill Cure and Iron Tonic**—Produces the same effect as quinine without its bitter taste, besides containing the tonic properties of Iron in a tasteless form, (which has no effect on the teeth), making it not only a cure for Chills better than quinine alone, but the most effectual tonic and appetizer made.

Tampa, Fla., July 22, 1894.

S. B. Leonard & Co.:

Gentlemen—Less than half a bottle of Leonard's Tasteless Chill Cure and Iron Tonic cured me of an aggravated case of chills and fever. I recommend it to all as a specific for the disease that it is recommended for.

Yours truly, STEPHEN S. LOWE.

**Leonardi's Tasteless Chill Cure and Iron Tonic**—A guaranteed cure for Chills, Intermittent, Remittent and all Malarial Fevers.

The following guarantee is printed on every bottle:

### CURE GUARANTEE.

*Should the purchaser of Leonard's Tasteless Chill Cure and Iron Tonic express dissatisfaction as to the value of the medicine as a specific for Chills and Fever, the dealer from whom he purchased the remedy, is authorized by us to refund the money, provided the purchaser admits he strictly followed the directions on label.*



**Leucorrhœa or Whites.**—This distressing affection is closely connected with and often caused by Disordered Menstruation. When the menses are regular and natural, there will be seldom complaint of this trouble. But if the flow is scanty or fails to appear, this white discharge seemingly takes its place, and often continues the whole interval.

Leucorrhœa is directly attributable to irregularity, and remotely to all causes that delay or prevent the appearance of the regular monthly flow, and is consequently amenable to the same treatment required for the regulation of all menstrual disorders. In all these cases the flow of whites will be stopped and the natural discharge restored by the use of Dr. RENO'S NEW LIFE or Woman's Salvation

Dear Sirs—I had terrible health for five years, my monthly sickness was irregular and painful. I am glad to state that three bottles of Dr. RENO'S NEW LIFE has cured me. I recommend it to all women as a specific for their ills.  
Charleston, S. C. MARGERY A. ROBINSON.

**Falling of the Womb.**—When partial falling of the womb exists, caused by chronic whites or relaxation of the uterine ligaments, there is no remedy equal to Dr. RENO'S NEW LIFE or Woman's Salvation.

**Exhaustion from frequent Child-Birth.**—In the broken down condition of many delicate young married women after repeated child births, Dr. RENO'S NEW LIFE or Woman's Salvation will invigorate and give new life to the whole system.

Gents—I have been a sufferer from Falling of the Womb for several years and have tried a great many remedies without any benefit. I was induced to take one bottle of Dr. RENO'S NEW LIFE and am now almost well.  
New York City. Mrs. MARY J. SIMPKINS.

**As a Tonic and Blood Purifier**  
—After months or years of irregularity, Nature's failure to obtain proper relief reacts upon the system at large, and the blood becomes sluggish in circulation and filled with impurities which ought to be cast off. In such cases no other remedy equals Dr. RENO'S NEW LIFE or Woman's Salvation in its superb tonic and purifying effects, and its certainty of relief and cure.

**Change of Life.**—The very best remedy known for all the evils attendant upon the "Change of Life" is Dr. RENO'S NEW LIFE or Woman's Salvation.

PREPARED ONLY BY

**New Life Chemical Co.,**

**NEW YORK.**

**The Chas. N. Crittenton Co.,**

**NEW YORK WHOLESALE AGENTS,**

**115 & 117 FULTON ST., NEW YORK.**

**S. B. LEONARDI & CO.,**

**Florida State Agents.**

**Leonardi's Liver Pills** are the best remedy for all functional derangements of the Stomach, Liver and Bowels and for use in the complication of diseases arising therefrom.

**Leonardi's Liver Pills** expel disease from the system through the excretory organs and stimulate the Stomach, Liver and Bowels to a proper performance of their duty.

Gents—Leonardi's Golden Eye Lotion is the best. It cures sore eyes without pain.  
JOHN T. GUNN,  
Firm of J. T. Gunn & Co.

Gents—Your Leonardi's Golden Eye Lotion is certainly a specific for sore and inflamed eyes. I believe it to be the best preparation in the market for the eye, and heartily recommend it.  
Very truly, DR. DUFF POST.

Tampa, Fla., July 20, 1894.

Messrs. S. B. Leonardi & Co., Tampa, Fla.:  
Gentlemen—I cheerfully testify that I sell more of your Eye Lotion than any other kind which my house handles. Also, that I have found it a great benefit in my own family.  
(Signed) P. G. MOOK.

Representing I. L. Lyons & Co., New Orleans, La.



In serving fish always adorn with a few sprigs of parsley. Sometimes when a large fish is to be served a substitute for a dish can be made in a piece of board over which a napkin has been sewed. This method, simple in itself, adds much to the attractiveness of the fish. Dr. Reno's New Life always cure.

#### **Sauce for Fish.—Drawn Butter.**

One pint of hot water,  $\frac{1}{2}$  cupful butter, scant; two tablespoonsful flour,  $\frac{1}{2}$  tablespoonful salt,  $\frac{1}{2}$  saltspoonful pepper. Put half the butter in a saucepan; be careful not to let it become brown; when melted add the dry flour and mix well; add the hot water, a little at a time, and stir rapidly as it thickens. When perfectly smooth add the remainder of the butter, in small pieces, and stir till it is absorbed. Add the salt and pepper. When carefully made this sauce should be free from lumps; but if not smooth, strain it before serving. This sauce can be made the foundation of many other sauces—egg, caper, parsley, shrimp, lobster, etc.—by adding these materials and the proper seasoning. Leonardi's Liver Pills cure headache.

**Mint Sauce.**—One-fourth pint vinegar, four tablespoonsful chopped mint and two of sugar. Let stand an hour. Leonardi's Liver Pills act upon the liver

**Oysters Roast on Half Shell.**—Wash shells and dry; open as many as needed and leave each on the deep half shell, add to each a lump of butter, a very little pinch of salt, pepper and cracker dust. Place them on a broiler over a clear fire. Leonardi's Liver Pills are guaranteed to cure.

**Broiled Oysters.**—Prepare as for fried oysters. Butter or oil well the bars of a wire broiler and place the oysters on the wire over a clear fire. Leonardi's Liver Pills cure jaundice.

### **BREAD.**

**Sweet Rusk.**—Boil one quart of milk, add two cups of sugar; when cool add half a cup of yeast, five eggs well beaten and flour to make a sponge; let rise over

night. In the morning add one cup of butter and a little salt, also flour to make a stiff dough. Let rise again then mould into oblong rusk and raise once more. Bake in a moderate oven. Leonardi's Blood Elixir cures all diseases of the blood.

**Corn Bread.**—Two cups Indian meal, one cup wheat flour, one cup sour milk, one cup sweet, one beaten egg, half cup molasses half cup sugar, tablespoonful butter, teaspoonful of salt, teaspoonful (scant) soda, mix quickly and bake soon. Leonardi's Blood Elixir cures Rheumatism and catarrh.

**Hot Cross Buns.**—Three cups sweet milk, one cup yeast, flour to make a thick batter. Set this over night. In morning add one cup sugar, half cup melted butter, half nutmeg, half teaspoonful salt, flour enough to roll like biscuit. Knead well, and let rise five hours. Roll half an inch thick; let stand half an hour. With a knife mark a cross on each bun, bake at once to a light brown. When done brush over with a feather dipped in the white of an egg. Leonardi's Blood Elixir cures Scrofula.

**Tea Biscuit.**—One tablespoonful of butter or lard, mix well in one quart of sifted flour into which has been well sifted two teaspoonsful of Cleveland or Royal Baking Powder, add a salt spoonful of salt, mix well. Lastly pour in a pint of milk, mix as little as possible, form into soft biscuit (use very little flour) and bake in a quick oven for fifteen minutes. The secret of good tea biscuit is to mix as little and as soft as possible after adding the milk. They can be dropped from a spoon if preferred. Leonardi's Blood Elixir cures Blood Poison.

### **KETCHUP.**

**Tomato Ketchup.**—One gallon of strained tomatoes, (boil tomatoes skins and all, then strain), a little over a pint of vinegar, four even spoonsful salt, one of cloves, two of allspice, two and a half of cinnamon, one small spoon of black pepper, two of mustard. Boil slowly three hours. Use tablespoons when measuring. Add one-half teaspoonful red pepper if you wish it hot. Leonardi's Blood Elixir tones the system.



**Leonardi's Golden Eye Lotion—**

It is so well known that it needs no writing up. Suffice it to say that it cures sore and inflamed eyes, without pain, in from 12 to 24 hours. The eyes often become sore from blood diseases, such as Syphilis and Rheumatism. In such cases use the Eye Lotion and take Leonardi's Blood Elixir internally.

Gents—Have had better success with Leonardi's Golden Eye Lotion for sore eyes than with any other preparation I ever used. I recommend it to the public as a preparation worthy of patronage. Yours truly,  
T. K. SPENCER,  
Sheriff Hellsborough Co.

Gents—Leonardi's Golden Eye Lotion is a success. I recommend it with pleasure.  
Respectfully, H. J. COOPER.

**Leonardi's Ointment—**Will cure any form of skin disease. It is infallible in Tetter, Ring Worm, Ground Itch, Itching Piles, Psoriasis, and Eczema or Salt Rheum.

Gents—I was a victim to Eczema for several years; exhausted my own remedial powers, then gave myself over to two specialists, who failed to relieve me. Was cured with one box of Leonardi's Ointment.  
JAMES D. WEAVER, M. D., Eatonton, Ga.

Tampa, Fla., June 28, 1882.

Messrs. S. B. Leonard & Co.:

Gents—This is to certify that three applications of Leonardi's Ointment cured me of a very aggravated Tetter Worm of three years' standing, and I would cordially recommend its use to all who are cursed with that disease.  
Yours truly, G. B. SPARKMAN,  
Ex-Mayor of Tampa.

**Leonardi's Lightning Cough**

**Cure—**Sore throat, sneezing and hoarseness, followed by slight fever, pain in the head and neck and back, with difficult breathing and an irritating cough, may indicate a common cold, or may be the forerunner of La Grippe, Pneumonia, Bronchitis, or even Consumption. In any case the remedy to take, and to take at once, is Leonardi's Lightning Cough Cure.

**Leonardi's Lightning Cough**

**Cure—**Every cold and cough can be relieved and speedily cured if promptly treated with this remedy. It acts with certainty, always striking at the foundation of the disease. As a safe-guard for

children, to be relied upon in cases of Croup and Whooping Cough, as a specific for all diseases of the throat and lungs, Leonardi's Lightning Cough Cure is invaluable. It soothes and cleans and heals the mucous membranes, promotes expectoration, allays coughing and induces repose. In the most advanced stages of consumption a distressing cough is relieved and the patient greatly comforted by the use of Leonardi's Lightning Cough Cure, and instances are common where with proper care the diseased lungs have healed under treatment by this medicine.

**Leonardi's Worm Syrup—**When children are pale, sallow and constipated, with capricious appetites, they always have worms. When there is distention of the abdomen, picking of the nose and grinding of the teeth, there is nothing the matter but worms. Give them Leonardi's Worm Syrup. It is safe and palatable and the children like it. They won't mind taking it and it will cure them.

**Worms the Enemy of Children—**

The worms found in the human body—mostly in children—are of the "Ascarides" the thread worms infesting the lower intestines. The Teres, or long round worms, are generally seated in the small intestines and in the stomach. The symptoms are indigestion, with a variable appetite, foul tongue, offensive breath, hard, full and tense belly, with occasional gripings and pains about the navel. Eyes heavy and dull, itching of the nose, short, dry cough, grinding of the teeth, starting during sleep, and often slow fever. To expel either give Leonardi's Palatable Worm Syrup. One bottle has expelled one hundred worms.

ORIENT, FLORIDA, July 26, 1894.

S. B. Leonard & Co., Tampa, Florida.

Dear Sirs:—My wife had a severe case of Chills and Fever for about three months and during that time tried a number of remedies and one physician without any benefit. It gives me great pleasure to state that four doses of LEONARDI'S TASTELESS CHILL CURE AND IRON TONIC cured her. The action of the medicine was marvelous.

Yours truly,

[Signed] B. J. ROUSE.



in three pints of water, cover closely and steam until tender, so that a fork will go easily through it. If turkey is young omit steaming it. Leonardi's Blood Purifier, sure cure for Scrofula and Catarrh.

**Roast Chicken.**—If of uncertain age proceed as with roast turkey.

"To roast spring chicken is to spoil 'em, just split 'em down the back and broil them." Leonardi's Lightning Cough Cure cures Coughs and Colds.

**Roast Quail.**—Pluck and draw the birds, rub with butter, tie a strip of bacon over the breasts and set in oven twenty minutes. Leonardi's Lightning Cough Cure cures Bronchitis.

**Roast Woodcock.**—Pluck the birds; do not cut off the head or draw the trail, stick a fork in the back; lay bird on a piece of buttered toast in a pan, add a little salt and bake twenty minutes. Leonardi's Lightning Cough Cure cures La Grippe.

**Wild Ducks or Geese.**—Parboil a carrot or onion in each, then stuff and roast in hot oven, basting often. Thicken gravy with browned flour. (Always wash the inside of game with soda and water and afterwards rinse in cold water.) For Sore Throat and Loss of Voice take Leonardi's Lightning Cough Cure.

**Gravy for Roast Poultry and Game.**—Put the giblets, or neck, liver, gizzard and heart, on to boil in one quart of water, and boil till tender, and the water reduced to one pint. Mash the liver, and, if desired, chop the gizzard, heart, and meat from neck. Pour off the clear fat from the dripping pan, and put the settlings in a saucepan; rinse out the pan with the water in which the giblets were boiled, and pour this water into the saucepan and put on to boil. Put three or four tablespoonsful of the fat in a small frying-pan; add enough dry flour to absorb all the fat, and when brown add the giblet liquor gradually, and stir till it thickens. Season with salt and pepper. If not smooth, strain it; pour half of it in the gravy-boat, and add the chopped giblets to the remaining half, and serve separately, as all may not care for the giblet gravy. For Throat and Lung Troubles take Leonardi's Lightning Cough Cure.

**Chicken Patties.**—Cut in pieces cold boiled chicken; rub two tablespoonsful of flour into one tablespoonful of butter; heat two cups of milk and when it reaches the boiling point stir in the mixed flour and butter and boil until a thick cream, salt and pepper and add it to the chopped chicken. Fill patty pans, dust with bread crumbs, brown a moment and serve. Some prefer to line the patty tins with pie crust, bake and remove the pie crust shells from the pan, then prepare the chicken, fill the patty shells with the mixture and serve without browning. Leonardi's Lightning Cough Cure cures others and will cure you.

**Chicken Toast.**—Chop fine the remains of a cold chicken, stuffing, giblet sauce and all; put in stew pan, break over it two or three raw eggs, stir well and when hot pour over a plate covered with nicely buttered toast. Add water if needed. Leonardi's Tasteless Chill Cure and Iron Tonic cures Chills every time.

**Fricassee Chicken.**—Clean, wash and cut up a pair of young chickens, lay in water for half an hour. Put them in a pot with enough cold water to cover. Stew slowly until very tender; when half done add a little salt and pepper. When done take out the pieces of fowl and place in a hot covered dish until gravy is ready. Rub one tablespoonful of butter in two of flour. If needed add a pint of milk to the liquor in which the chicken has been boiled. Heat until it just comes to a boil then stir in the flour and butter, season to taste, pour over the chicken and serve with rice croquettes; or place fricassee in center of dish and place a row of tea biscuit, broken in halves, around the platter; or serve on nicely buttered toast. Leonardi's Tasteless Chill Cure and Iron Tonic guaranteed to cure or money refunded.

**Chicken Pot Pie.**—Cut up a chicken into joints and put in a pot with the heart, gizzard and liver, adding a slice or two of bacon; cover with warm water and stew until very tender, season with pepper and salt and take out the meat, keeping it warm. Sift, with one pint of flour, two even teaspoonsful of Cleveland's baking powder and half of an even teaspoonful of salt; into this mix well a teaspoonful of butter and add sufficient



sweet milk (about a teacupful) to make a soft dough and cut into round biscuits. Heat the chicken soup hot and throw into the pot the biscuit, cover closely. When the biscuits are cooked through (they should be light as a feather) place the chicken, hot soup and biscuit in a deep dish and serve hot. If preferred omit the biscuit and instead wash half a pint of rice and add it to the soup. Leonard's Tasteless Chill Cure and Iron Tonic cures Chills and Fever and builds up the system.

## MEATS.

**Cutlets with Tomato Sauce.**—Fry your cutlets; when done, place on a meat platter and keep hot. Leave the gravy in the pan. Take a teacupful of strained tomatoes, (use either canned or fresh,) throw the juice into the gravy into the pan in which the meat was fried, cook five minutes, salt and pepper, pour a little over each cutlet, serve hot. Leonard's Tasteless Chill Cure and Iron Tonic is a great strengthener.

**Meat Loaf.**—Three pounds of raw beef chopped fine, three eggs, four table-spoonful cracker crumbs, one table-spoonful of salt, one teaspoonful of pepper, one-half teacupful of sweet milk. Season with summer savory or nutmeg. Mix thoroughly and bake in one and one-half hours. Leonard's Tasteless Chill Cure and Iron Tonic is a great appetizer.

**To Choose a Perfect Ham.**—Do not select a very small one. It is a common error to think that the small hams are sure to be tender; it is as great a mistake as to suppose you can buy the best beef cut from a small, lean animal. Do not select a lean flat ham; tender meat can only be had from a plump, round ham cut from a well fattened hog. Having selected your ham, soak it over night in cold water, put it over fire in boiling water, and boil slowly but steadily until tender. After removing the skin which will now come off easily, bake the ham for half an hour, and you will have a dish as easily digested as a chicken. Leonard's Tasteless Chill Cure and Iron Tonic is a true Tonic.

**Roast Spare-Rib.**—Take a tender spare-rib, turn so the ribs will come upwards, sprinkle with salt and summer

savory, dredge with flour and lay in pan upon your roasting sticks, put in a little water in pan and roast an hour; baste often, replenish water when needed. Thicken the gravy with a little flour stirred in water. Season and serve. Children and adults like Leonard's Tasteless Chill Cure and Iron Tonic.

**Corned Beef.**—Put on stove in boiling water, and when done let it remain in the pot until cold. This is the secret of making corned beef juicy and well flavored. Dr. Reno's New Life cures all diseases of women.

**Liver.**—Slice and lay in salt and water to draw out the blood. Lard each slice after wiping dry; lay in pan and fry brown. Dr. Reno's New Life purifies the blood.

**Cold Mutton or Lamb Pie.**—Cut into squares cold roast lamb or mutton, trim off a portion of the fat; quarter three kidneys; put the two pounds of meat into a pie dish, season with two table-spoonful of chopped parsley, a little salt and pepper and half an onion, minced; add a half-pint of stock and water. Cover dish with crust, brush with egg and bake an hour and a half. Omit the kidney if desired. Dr. Reno's New Life builds up the weak.

**Stuffed Veal or Mutton.**—Take a shoulder of veal or mutton that will weigh four or five pounds, have the bone taken out; season with salt and pepper by rubbing outside and also the cavity before stuffing. Take bits of dry bread, put it into a dish and soften with boiling water, add butter, pepper, salt and summer savory; mix until a smooth paste, then fill cavity; sew up, put in pan with a little water and bake in a well heated oven two hours, basting often. Dr. Reno's New Life gives health and energy to women.

## EGGS.

**Omelet with Oysters.**—Bring a dozen small oysters to a boil in their own liquor, season with pepper and salt. Mix an omelet and when it is almost ready to turn, place the oysters without the liquor in the centre, fold the omelet over and serve at once. Dr. Reno's New Life cures hysterics and palpitation of the heart.



# DR. RENO'S NEW LIFE

— OR —

## WOMAN'S SALVATION.

The Greatest Female Regulator and Tonic Made.

An Infallible Cure for

*Prolapsus Uteri or Falling of the Womb, Leucorrhœa or Whites, Irregular, Suppressed and Painful Menstruation, Hysterics, Palpitation of the Heart, Swimming and Giddiness of the Head, Inflammation and Ulceration of the Womb.*

This remedy is not a cure all, but a preparation composed of the best known vegetable ingredients which act specially upon the womb and uterine functions. **Dr. Reno's New Life** is prepared from a prescription of an eminent physician, and is a remedy for one class of diseases only, being intended to mitigate an incalculable amount of physical suffering by regulating **Disordered Menstruation.**

## WOMAN.

**Her Sexual Characteristic**—The menstrual function is the distinctive characteristic of the female sex. It is this which makes her WOMAN. This function sustains such important relations to her health as may not be disregarded with impunity. The timely establishment of menstruation, sufficient and regular, matures the development of woman, and is essential to her perfect health.

My wife has been in bad health for a long time caused from complicated troubles. She received one of your circulars and after reading it concluded to give Dr. Reno's New Life a trial. The benefit she derived from taking one bottle is wonderful. Yours gratefully,  
Savannah, Ga. R. J. ARMSTRONG.

**Menstruation**—Consists in a sanguineous flow every twenty-eighth day, lasting from two to five days, according to the general health and temperament of each woman. It approaches generally about the thirteenth or fourteenth year and continues on an average up to the age of forty-five. In a vigorous girl this flow appears without disturbance to health. But if she approach this crisis

with frail body and feeble digestion, the flow may be delayed or insufficient, seriously affecting her in both mind and body. She should therefore be subject to every healthful influence which can tend to invigorate her mentally and physically; and if necessary should have the benefit of proper tonic treatment with remedies which exert a special influence on the womb. The most successful and scientifically combined remedy is Dr. RENO'S NEW LIFE or Woman's Salvation.

**Non-appearance**—At puberty, nature generally makes some effort to establish menstruation; but should it fail to appear, a train of symptoms ensues which soon injures the health and constitution of the young girl. Her blood becomes impure, and she grows weak, nervous and hysterical; her skin grows pale, greenish-gray and swarthy; her muscles become flabby; she loses her strength and sprightliness, and her life no longer a joy, becomes a torment. Her condition is directly owing to the non-appearance of the flow, and for the prompt and complete relief of all her symptoms, there is no specific equal to Dr. RENO'S NEW LIFE or Woman's Salvation.



**Beef Tea**—One-half pound of lean beef; cut it into small pieces and let it soak in a pint of water for three-quarters of an hour, then put it in a glass jar and cork tightly. Set the jar in a pot of warm water (not hot) and let it boil slowly for an hour and a half and strain through a fine sieve or napkin. When cold skim off every particle of fat.

Beef tea administered without the fibrine of the meat will tend to weaken instead of strengthen the invalid. Add a teaspoonful of finely chopped raw meat to a glass of the tea and let it stand in the tea about five minutes before serving. Add a pinch of salt.

When the patient has wearied of beef tea, it can be frozen as a change.

**Chicken, Mutton or Beef Broth.** Cut in small pieces, pour over about a quart of cold water to a pound of meat, place on fire, bring to simmering point and keep it there an hour and a half or until it boils down to a pint; season with salt. Cool and skim off every particle of fat.

**Gruel.**—Gruel can be made from oat-meal, arrow-root, cornstarch, etc. Arrow-root and cornstarch should be mixed with cold milk or water, and added to the quantity of milk used when the latter has just come to the boiling point. Oat-meal should be made by throwing it dry into the water while it is boiling hard.

**Raw Oysters.**—Serve as plain and free from condiments as possible, and always on the deep shell in their own liquor.

**Chicken Panada.**—Take a fresh young chicken and boil until tender in sufficient water to cover. Strip meat from bones and pound in a mortar until quite smooth, adding a little of the liquor in which it was boiled; add salt, nutmeg and a little grated lemon peel. Boil gently for a few minutes with sufficient liquid to make it the consistency of custard.

Never give an invalid melted butter.

Do not give invalids a great variety of drinks. Lemonade, orangeade and a syrup made by boiling sugar with any

fruit juice; and a wine glass of that in a glass of pure cool water will be found the most acceptable. The stomach as well as the body of the sick one needs rest.

**Tapioca Pudding.**—One cup of tapioca, two eggs, one cup sugar, one quart milk, add a little salt and nutmeg; bake in oven; cover with meringue.

**Baked Apples.**—Remove core from apples, fill cavity with sugar, place in deep dish, pour in a cup of water and bake in oven.

**Custard.**—Four eggs, one quart milk, little salt; dust with nutmeg. Do not over-bake.

**Jellied Lemons or Oranges.**—Cut off a small portion or about three-fourths, if preferred, of the ends of the oranges or lemons; scoop out the pulp and juice. Make lemon or orange jelly as directed on gelatine box; fill the skins with the jelly and stand them on ice.

Calves foot jelly can be served the same way.

**Cream Pudding.**—One quart of sweet milk, heat to near boiling then stir in two tablespoonsful of cornstarch mixed smooth in a little sweet milk, two eggs well beaten (save the whites), four tablespoonsful of sugar and a scant salt spoonful of salt. Cook in a tin placed in a kettle of boiling water. Be sure the milk has just reached the boiling point but is not boiling, or your cream pudding will be full of lumps. Cook until a soft cream about five minutes. When done cool and flavor with vanilla. Whip whites of eggs to a stiff froth, add sugar and spread on top of pudding. Place in a quick oven and brown a moment. Do not make pudding too sweet for the sick one.

**Irish Blanc Mange.**—One-half cup of Irish moss, one quart of sweet milk. Wash carefully and put moss in milk. Let it set over a pan of hot water for half an hour. Then strain and pour in mold. When cool set on ice.

Ice cream made of pure cream, sweetened and flavored, will be found acceptable to the invalid.



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